

restore
balance.

Provide women with the support they need most.

A digital program to conquer
the symptoms of menopause
so she can live her best life.



6,000

women are
diagnosed with
menopause daily

12.1M

working women
are dealing with
menopause

75%

of women who seek
help for menopause
don't receive it

If left untreated:

Hourly productivity
decreases by 12.2%

Annual productivity
decreases by 10.9%

Women rarely use sick days
for menopause leading to
unproductive presenteeism

RestoreBalance is a digital program with live coaching designed to help women conquer their journey with menopause. Through one centralized location, RestoreBalance provides members with a live coach—specially trained in menopause,—an easy-to-use app, and a scientific-based curriculum designed by Dr. Machele (Mache) Seibel, MD. RestoreBalance tackles the core issues so your working women can live with minimal symptoms and added confidence. Our clients have the ability to minimize their employee's lack of energy, lack of sleep, chronic conditions, and distraction from work or family. Be part of the much-needed solution by providing women with RestoreBalance.

Visit myrestorebalance.com today